

Group Presentation

Education plays a vital role in reducing alcohol and other drug related risk in the workplace.

Evidence based education programs can contribute to the health and wellbeing of employees by:

- providing information about alcohol and drug related harm in the workplace;
- looking at workplace factors that may contribute to increased risk of harm; and
- providing general alcohol and other drug related health information.

Keeping your organisation informed

In most cases, the success of any workplace prevention of alcohol and drug related harm comes down to encouraging healthy attitudes and behaviours. The provision of regular, ongoing employee education plays a crucial role in supporting this change.

The Australian Drug Foundation's Inform program is a face-to-face, 60 minute interactive session delivered to groups of up to 40 people.



Topics covered in each session:

WIIFM	<ul style="list-style-type: none">• What's In It For Me
Key information	<ul style="list-style-type: none">• Social impacts (violence, hospitalisations, deaths, drinking and drink driving)• Financial impacts (social and workplace)
Australian culture	<ul style="list-style-type: none">• Workplace patterns of consumption/use• Social and industry specific content
Standard drinks	<ul style="list-style-type: none">• Keeping track
What is alcohol & what is it doing to you	<ul style="list-style-type: none">• Understanding alcohol• Why do you get headaches• Increasing BAC
Risks	<ul style="list-style-type: none">• Identification and management of risks• Protecting employees• Risk and protective factors
Taking the lead	<ul style="list-style-type: none">• What can you do•

Additional content can be factored into the sessions as required.

For more information about **ADF Inform** or arranging a presentation for your workplace see adf.org.au/inform or contact our Workplace Services team on 03 9611 6100

Further information



twitter.com/AustDrug



[linkedin.com/company/australian-drug-foundation](https://www.linkedin.com/company/australian-drug-foundation)

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