

## New eBooks in the ADF Library 2020.

These are the titles purchased as eBooks for the ADF Library collection in 2020 in response to requests by ADF Library members. To borrow them, please select the title link to take you to the library catalogue and select the <u>View eBook link</u> to take you to the content.

#### View eBook 🔀

You may like to use the How to use an eBook guide. Prior to searching for and finding an eBook it is recommended to sign in so that you can open the content which you find. Use the How to set passwords guide for assistance.

## Topics of new eBooks

Addiction	Drug testing	Pharmacotherapy

AOD Death and Grief Drugs Policy

Community Family Recovery

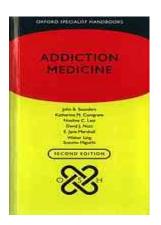
Criminal Justice Law / Legalisation Sport

Driving LGBTI Treatment

Drug use and Opioids Youth Dependence

### **ADF Library New eBooks 2020**

#### Addiction



#### Addiction medicine

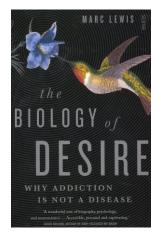
An evidence-based, concise, and practical guide to the management of people with substance use disorders. Addiction Medicine, Second Edition, covers specific types of psychoactive substance and treatment options, focusing on specific groups placing addiction medicine within the broad professional and legal context.





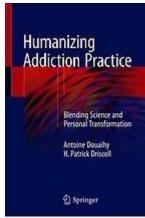
# Beating Drug Addiction: Get All the Support And Guidance You Need To Be A Success At Beating Drugs!

This Book Is One of The Most Valuable Resources in The World When It Comes to Helpful Info On Avoiding And Beating A Fatal Drug Addiction! Is the fact that you would like to kick addictions but just don't know how making your life difficult or maybe even miserable? Does it seem like you've tried everything in your power to figure it out, and yet, despite your best intentions, you're still problems with: \* Not knowing how to even get started \* Not understanding even where to start with accepting help \* Not knowing about rehab If this describes you, then you are in luck today... First, you are NOT alone! It may seem like it sometimes, but not knowing how to get started with beating an addiction is far more common than you'd think. Many people think that their addiction problems will never be solved or that change is impossible. This is not true! Your lack of knowledge in this area may not be your fault, but that doesn't mean that you shouldn't or can't do anything to find out everything you need to know to finally be a success! Drug addiction is a serious problem, and it is not only found in certain areas or with certain types of people. Addiction is found everywhere and with all types of people. It does not matter if a person is rich or poor, strong, or weak or what neighbourhood or country they live in, addiction exists. That is why it is so important that people are well informed on the subject of addiction because no matter who you are or where you are, if you make poor decisions involving drugs addiction is waiting just around the corner. This powerful book will provide you with everything you need to know to be a success and achieve your goal of getting clean to a successful place. With this product, and its great information on running your own food business it will walk you, step by step, through the exact process we developed to help people get all the info they need to be a success.



#### The Biology of Desire: Why addiction is not a disease.

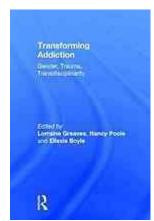
Through the vivid, true stories of five people who journeyed into and out of addiction, a renowned neuroscientist explains why the 'disease model' of addiction is wrong and illuminates the path to recovery. The psychiatric establishment and rehab industry in the Western world have branded addiction a brain disease, based on evidence that brains change with drug use. But in The Biology of Desire, cognitive neuroscientist and former addict Marc Lewis makes a convincing case that addiction is not a disease and shows why the disease model has become an obstacle to healing. Lewis reveals addict.



#### Humanizing addiction practice: Blending science and personal transformation

This original, eloquent, compassionate, and timely book offers all healthcare practitioners interested and involved in addiction practice a powerful account of an addiction psychiatrist's journey of professional and personal growth, thereby offering readers a unique opportunity to learn deeply from the author's insights, experiences, and struggles in becoming a patient-centred empathic healer. Through sharing and exploring clinical experiences in addiction practice, this fascinating title delves into the lead author and his mentee's personal, professional, and ethical challenges and weaves together science and humanism, offering a wealth of experiential wisdom and tools that have the power to transform our understanding of therapeutic work with people with addictions. Written with empathy and humility, Humanizing Addiction: Blending Science and Personal Transformation provides a compelling argument and framework for integrating humanism with empirically grounded practices. This important book is an invaluable resource for healers from a range of backgrounds: physicians, physician assistants, nurse practitioners, social workers, case managers, patient navigators, clinical and health psychologists, pharmacists, counsellors, graduate students, and medical trainees involved in clinical care of people with addiction and substance use problems.





#### Transforming addiction: gender, trauma, transdisciplinarity

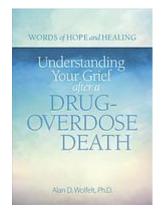
Addiction is a complex problem that requires more nuanced responses. Transforming Addiction advances addictions research and treatment by promoting transdisciplinary collaboration, the integration of sex and gender, and issues of trauma and mental health. The authors demonstrate these shifts and offer a range of tools, methods, and strategies for responding to the complex factors and forces that produce and shape addiction. In addition to providing practical examples of innovation from a range of perspectives, the contributors demonstrate how addiction spans biological, social, environmental, and economic realms.

#### **AOD Death and Grief**



# Families bereaved by alcohol or drugs: Research on experiences, coping and support

Individuals bereaved by the drug- or alcohol-related death of a family member represent a sizeable group worldwide. Families Bereaved by Alcohol or Drugs is the long-awaited result of an important and ambitious research project into the experiences commonly encountered by members of this stigmatized and vulnerable group. Based on focus groups with the practitioners and service personnel who support grieving relatives following the loss of a loved one to alcohol or drugs, as well as interviews with the largest qualitative sample of adults bereaved by substance use that has been reported to date, this muchneeded contribution to research on addiction and bereavement identifies four major reasons why grief following this tragic kind of death is particularly difficult. By examining the experiences of a wide range of stakeholders, including practitioners and policymakers in health, social care and the criminal justice system, the research contained within this book underscores the large number of organizations that play a role in the implementation of official procedure following a drug- or alcohol-related death and identifies significant gaps in the system that bereaved individuals must negotiate. Grounded in extensive and rigorous academic research, Families Bereaved by Alcohol or Drugs is essential reading for academics, researchers, and postgraduate students in the fields of mental health and addiction, social work and social studies, psychology, family studies and bereavement. The book should also be of interest to anyone with a professional interest in bereavement or substance use.

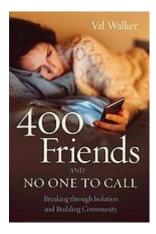


#### Understanding your grief after a drug-overdose death

Loss is always hard, but when someone you love dies of an accidental drug overdose, the grief that follows can be especially painful and challenging. Readers will learn ideas for coping in the early days after the tragic death, as well as ways to transcend the stigma associated with overdose deaths. The book also explores common thoughts and feelings, the six needs of mourning, self-care essentials, finding hope, and more. Understanding Your Grief After A Drug-Overdose Death is part of Companion Press's Words of Hope and Healing series--empathetic books on grief and other loss-related topics, with just the right amount of education and support.

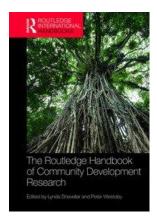


#### Community



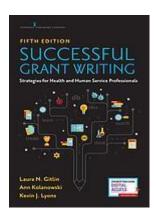
#### 400 friends and no one to call: breaking through isolation and building community

We can be well connected, with 400 friends on Facebook and still have no one to count on. Ironically, despite social media, social isolation is a growing epidemic in the United States. The National Science Foundation reported in 2014 that the number of Americans with no close friends has tripled since 1985. One out of four Americans has no one with whom they can talk about their personal troubles. An unprecedented number of Americans are living alone, particularly people over sixty (one in three seniors compared to one in five just ten years ago). Millennials and post-millennials increasingly report discomfort and avoidance with face-to-face conversations. Social isolation can shatter our confidence. In isolating times, we're not only lonely, but we're ashamed of our loneliness because our society stigmatizes people who are alone without support. As a single, fifty-eight-year-old woman who finds herself stranded after major surgery, Val Walker has woven into the narrative her own story. As a well-established rehabilitation counsellor, she was too embarrassed to reveal on social media how utterly isolated she was by asking for someone to help, and it felt agonizingly awkward calling colleagues out of the blue. As she recovered, Val found her voice and developed a plan of action for people who lack social support, not only to heal from the pain of isolation, but to create a solid strategy for rebuilding support. 400 Friends and No One to Call spells out the how-tos for befriending our wider community, building a social safety net, and fostering our sense of belonging. On a deeper level, we are invited to befriend our loneliness, rather than feel ashamed of it, and open our hearts and minds to others trapped in isolation.



#### The Routledge handbook of community development research

This handbook sets a new research agenda in community development. The contributors redefine existing areas within the context of interdisciplinary research, highlight emerging areas for community development related research, and provide researchers and postgraduate students with ideas and encouragement for future research activity. To do this, the editors have deliberately chosen to frame this book not through a traditional sociological lens of class, race and gender, but through a "Wicked Problems" framework. Drawing upon the work of 37 international authors, in diverse settings such as West Papua, Peru, the USA and Australia; and with methodologies equally as diverse, from case studies and interviews to the use of music and storytelling, this handbook focuses upon five Wicked Problems: forced displacement; family, gender and child related violence; indigenous marginalisation; climate change and food security; and human survival in the context of disaster and recovery work. By drawing together leading scholars from community development, social work and social policy, this handbook provides an up to the minute snapshot of current scholarship as well as signposting several fruitful avenues for future research. This book is both an invaluable resource for both scholars and practitioners and an indispensable teaching tool for use in the classroom and in the field.



#### Successful grant writing strategies for health and human service professionals

This edition presents the fundamental principles for effectively securing funds. The book describes an approach to thinking about and engaging in grant writing and the necessary vocabulary and knowledge to effectively read a funding opportunity, determine its appropriateness to pursue vis-à-vis your ideas and level of professional development, and the processes for applying for funding. This edition also includes expanded coverage of key areas such as how to write an effective aims page, considerations for specific types of study designs, how to write a compelling literature review.



# PRISONER REENTRY IN THE 21ST CENTURY CARRIED BY PRESPICITIVES OF RETURNING HOME. Elited by Kroth M. Middleman and Calvinghian Sonicy.

#### **Criminal Justice**

#### Prisoner re-entry in the 21st century: Critical perspectives of returning home

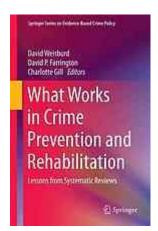
This ground-breaking edited volume evaluates prisoner re-entry using a critical approach to demonstrate how the many issues surrounding re-entry do not merely intersect but are in fact reinforcing and interdependent. The number of former incarcerated persons with a felony conviction living in the United States has grown significantly in the last decade, reaching into the millions. When men and women are released from prison, their journey encompasses a range of challenges that are unique to each individual, including physical and mental illnesses, substance abuse, gender identity, complicated family dynamics, the denial of rights, and the inability to voice their experiences about returning home. Although scholars focus on the obstacles former prisoners encounter and how to reduce recidivism rates, the main challenge of prisoner re-entry is how multiple interdependent issues overlap in complex ways. By examining prisoner re-entry from various critical perspectives, this volume depicts how the carceral continuum, from incarceration to re-entry, negatively impacts individuals, families, and communities; how the criminal justice system extends different forms of social control that break social networks; and how the shifting nature of prisoner re-entry has created new and complicated obstacles to those affected by the criminal justice system. This volume explores these realities with respect to a range of social, community, political, and policy issues that former incarcerated persons must navigate to successfully re-enter society. A springboard for future critical research and policy discussions, this book will be of interest to U.S. and international researchers and practitioners interested in the topic of prisoner re-entry, as well as graduate and upperlevel undergraduate students concerned with contemporary issues in corrections, community-based corrections, critical issues in criminal justice, criminal justice policies, and re-entry.



# Strengths-based approaches to crime and substance use: From drugs and crime to desistance and recovery

Although there is a strong and growing literature in the two areas of desistance and addiction recovery, they have developed along parallel pathways with little systematic assessment of the empirical evidence about the co-occurrence of the relationship or how one area can learn from the other. This book aims to fill that gap by bringing together emerging literature on the relationship between offending and substance use. Instead of focusing on the active period of its onset and persistence, this book examines the mechanisms that support desistance, addiction recovery, and the common themes of reintegration and rehabilitation. With contributions from a wide range of international experts in the fields of desistance and addiction recovery, the book focuses on a strengths-based, relational, and community-focused approach to long-term change in offending and drug-using populations, as well as the shared barriers to effective reintegration for both. This book will be highly informative for a wide audience, from academics and students interested in studying desistance and recovery to those working in addiction services and the criminal justice system as well as policy makers and the people undertaking their own journeys to desistance and recovery.

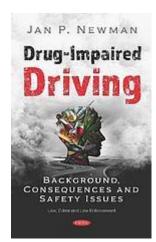




## What works in crime prevention and rehabilitation: Lessons from systematic reviews

Over a decade ago, a concerted effort was made by members of the criminology community, including the editors and contributors of this volume, to bring the practice of systematic reviews to the study of criminology, in order to provide replicable, evidence-based data to answer key questions about the study of crime causation, detection, and prevention. Here, the pioneers in this effort present a comprehensive stock-taking of what has been learned, bringing together, and assessing all major systematic reviews of the effectiveness of criminological interventions, to draw broad conclusions about what works in policing, corrections, developmental prevention, situational prevention, drug abuse treatments, sentencing and deterrence, and communities.

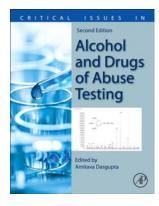
#### Driving



#### Drug-impaired driving: background, consequences and safety issues.

Everyone knows that driving while under the influence of alcohol is dangerous and unacceptable, and there are methods to identify and apprehend those who break the law. Unfortunately, the consequence of driving under the influence of drugs has not been raised until recently, and drugged driving presents new challenges to both law enforcement and health professionals. Amid the devastating opioid crisis and as more states legalize the use of marijuana, tackling this problem is now more important than ever.

#### **Drug Testing**

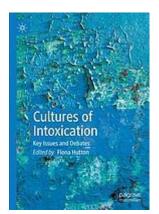


#### Critical Issues in Alcohol and Drugs of Abuse Testing

Critical Issues in Alcohol and Drugs of Abuse Testing, Second Edition, addresses the general principles and technological advances for measuring drugs and alcohol, along with the pitfalls of drugs of abuse testing. Many designer drugs, for example, are not routinely tested in drugs of abuse panels and may go undetected in a drug test. This updated edition is a must-have for clinical pathologists, toxicologists, clinicians, and medical review officers and regulators, bridging the gap between technical and clinical information. Topics of note include the monitoring of pain management drugs, bath salts, spices (synthetic marijuana), designer drugs and date rape drugs, and more.



#### **Drug Use and Dependence**



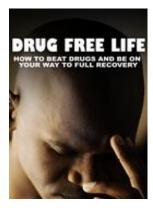
#### Cultures of intoxication: Key issues and debates

This book considers the global discourses and debates about 'intoxication', engaging in critical academic discussion around this concept. The problems in defining intoxication are considered, alongside the meanings of intoxication and how these meanings often differ across diverse drug using populations. The way that intoxication has been engaged with over the centuries has affected how particular groups are perceived and responded to, resulting in punitive responses such as drug prohibition, alongside harsh treatment of those who are seen to transgress societal norms and values. Therefore, this collection seeks to unsettle dominant discourses about intoxication and to consider this concept in new, critical ways. Ways of being intoxicated are also defined in this book in their broadest sense; from 'energy drinks' and other legal drugs, to recreational use of illicit drugs such as ecstasy, to 'problematic' drug use.



#### Drug Abuse Sourcebook, 6th Ed

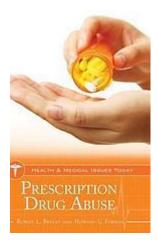
Provides information about abuse of illegal drugs and misuse of prescription and over-the-counter medications. Describes specific drugs, their health impacts, addiction potential, and harms to individuals, families, and communities. Drug treatment and recovery options and information on drug testing and drug-use prevention.



## Drug Free Life: Learning About Defeat Drugs and Live Free Can Have Amazing Benefits for Your Life! Prevent substance abuse and take control of your life!

Being addicted to drugs is a complicated matter condition that's been specified as a disorder that evidence in the obsessional thinking about and utilization of drugs. It's a matter that might continue to get worse and become disastrous and deadly if left untreated. Drugs work by impacting the chemicals in the brain and bringing on an unreal state of euphoria or a 'high'. However, as the body becomes used to the effects of the drugs, it calls for more and more to accomplish the same impact, therefore beginning a ceaseless pursuit to accomplish this fake happiness - with dreaded aftermaths. As the disease advances, substance abusers will let relationships, occupations, studies, careers and youngsters fall by the wayside as the substances turn into a key requirement in their life. Individuals addicted to drugs might likewise discover themselves in self-denial. For addicts to carry on such a destructive, self-harming and detrimental way of life there needs to be a really potent level of denial existing to keep them from totally discovering the reality and truth of the illness. Consequently, self-denial lives as a survival mechanism to protect the disease. With drug abuse treatment and knowledge, addiction may be addressed, and a better, fitter lifestyle acquired. Begin your journey today!





#### Prescription drug abuse

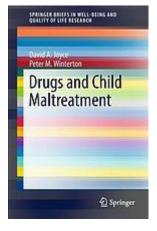
The misuse and abuse of prescription drugs has reached epidemic proportions in recent years, yet many individuals still believe, incorrectly, that their use is without risk. This book explores those risks as well as controversies surrounding this public health issue.

#### **Drugs**



#### Club drugs

When people accept drugs from strangers at clubs or parties, they have no idea what is really in those pills. This title explores how club drugs affect the body, the laws surrounding them, how they affect society, and the ways people can prevent abuse of these drugs.

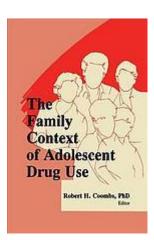


#### **Drugs and child maltreatment**

This book combines experience in child protection with expertise in clinical pharmacology and forensic toxicology, to set out a broad contemporary understanding of child maltreatment with drugs. It explores presentations that range through ante-natal exposure, factitious illness, deliberate poisoning, drug accidents while in the care of drug-affected adults, misuse of therapeutic drugs and the drug-related death of a child. It describes how to recognise where deliberate drug exposure or perversion of proper therapeutics is being used to harm a child, how to use laboratory testing to confirm a diagnosis, how to combine medical and social care with the need to gather legal evidence and how to deploy social, medical, and legal resources for child protection. The roles of the forensic toxicologist and contemporary forensic laboratory methods in resolving cryptic presentations are discussed in each context. There is guidance on effective communication about drugs within the child protection team and on writing reports for legal purposes, on the way to returning the child to safety. The book also explores the particular difficulties that arise in reconciling parents' rights and cultural beliefs with the obligation to document a child's drug exposure and in dealing with parents and carers who themselves may be drug impaired.



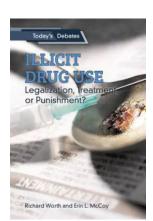
#### **Family**



#### The family context of adolescent drug use

Here is an essential volume for educators, social workers, health care professionals, and parents who are frustrated by the consuming power of drugs over the lives of young people and looking for answers to this enormous problem. In this unique and highly practical volume, experts concentrate on the family--the foundation of mental health and social control--as the most positive force in the prevention of adolescent drug use. Despite the "war on drugs," young people in large numbers continue to use substances. This instructive guide focuses on educating and strengthening families--which makes stronger children who are less likely to use drugs--instead of the traditional efforts based on rehabilitation instead of prevention. It offers instructive background information about societal forces that affect families and make it difficult to raise drug-free youngsters. Family differences are discussed, such as family structure, parenting styles, ethnic and cultural characteristics. Contributors thoroughly examine practical, effective interventions--at home, at school, and with peers-that are positive rather than negative, instructional rather than punitive, and preventive instead of remedial.

#### Law and Legislation



#### Illicit Drug Use: Legalization, Treatment, or Punishment?

Drug abuse and addiction in the United States has reached the level of an epidemic, the U.S. Department of Health and Human Services reports. More than one million incarcerated people suffer from opioid and other addictions, but only one in ten receives addiction treatment. The debate raging around drug abuse today is whether addicts who commit crime should be sent to jail or to treatment. This book investigates the debate on how to confront illegal drug use and abuse in the United States, using full-color photographs and sidebars to offer readers a complex understanding of the many proposed solutions to this problem.



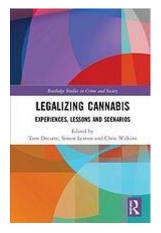
LAW, DRUGS AND THE MAKING OF ADDICTION HIST MARIES



#### Law, drugs and the making of addiction: Just habits

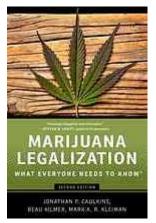
This book considers how largely accepted legal truths about drugs and addiction are made and sustained through practices of lawyering. Lawyers play a vital and largely underappreciated role in constituting legal certainties about substances and addiction', including links between alcohol and other drugs, and phenomena such as family violence. Such practices exacerbate, sustain and stabilise addicted' realities, with a range of implications - many of them seemingly unjust - for people who use alcohol and other drugs. This book explores these issues, drawing upon data collected for a major international study on alcohol and other drugs in the law, including interviews with lawyers, magistrates, and judges; analyses of case law; and legislation. Focussing on an array of legal practices, including processes of law-making, human rights deliberations, advocacy and negotiation strategies, and the sentencing of offenders, and buttressed by overarching analyses of the ethics and politics of such practices, the book looks at how alcohol and other drug addiction' emerges and is concretised through the everyday work lawyers and decision makers do. Foregrounding practices', the book also shows that law is more fragile than we might assume. It concludes by presenting a blueprint for how lawyers can rethink their advocacy practices in light of this fragility and the opportunities it presents for remaking law and the subjects and objects shaped by it. This ground-breaking book will be of interest not only to those studying and working within the field of alcohol and drug addiction but also to lawyers and judges practising in this area and to scholars in a range of disciplines, including law, science and technology studies, sociology, gender studies and cultural studies.





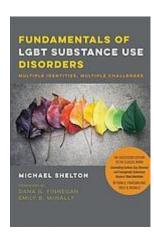
#### Legalizing cannabis: experiences, lessons and scenarios

The book explores how we should evaluate the models of cannabis legalization as they have been implemented in several jurisdictions in the past few years; the specific models for future cannabis legalization that have been developed and how similar or different they are they from the models already implemented; as well as the lessons that can be drawn from attempts to regulate other psychoactive substances, such as alcohol, tobacco, pharmaceuticals and "legal highs", and other "vice" activities such as gambling and prostitution.



#### Marijuana legalization: What everyone needs to know

Should we legalize marijuana? If we legalize, what in particular should be legal? Just possessing marijuana and growing your own? Selling and advertising? If selling becomes legal, who gets to sell? Corporations? Co-ops? The government? What regulations should apply? How high should taxes be? Different forms of legalization could bring very different results. This second edition of Marijuana Legalization: What Everyone Needs to Know® discusses what is happening with marijuana policy, describing both the risks and the benefits of using marijuana, without taking sides in the legalization debate. The book details the potential gains and losses from legalization, explores the "middle ground" options between prohibition and commercialized production, and considers the likely impacts of legal marijuana on occasional users, daily users, patients, parents, and employers - and even on drug traffickers.



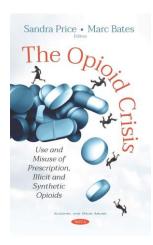
#### **LGBTI**

## Fundamentals of LGBT substance use disorders: Multiple identities, multiple challenges

In this new book, the successor to the classic in the field Counselling Lesbian, Gay, Bisexual, and Transgender Substance Abusers: Dual Identities by Dana G. Finnegan and Emily B. McNally, Michael Shelton reviews the empirical literature and synthesizes what we know about the prevalence of LGBT substance use, abuse, and treatment availability, emphasizing the need for affirmative therapeutic practices. The principles of trauma-informed and culturally competent treatment/intervention are explained and assessed, as well as the challenges of minority stress and microaggressions experienced by the LGBT population. Separate sections focus on the sub-populations of lesbians, gay men, bisexuals, and transgender individuals. Separate chapters focus on LGBT youth, the elderly, family constellations and concerns, criminal justice issues, and LGBT rural substance abuse. This volume provides an introduction to the field that will be useful both as a primary textbook and as a handbook/reference for LGBT-focused and general substance-use disorder clinics and their administrators, clinicians, trainees, allies and volunteers.



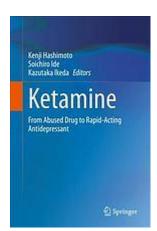
#### **Opioids**



#### The Opioid Crisis: Use and Misuse of Prescription, Illicit and Synthetic Opioids

Recently, there has been a rise in opioid use in the United States involving both the nonmedical use of prescription drugs and more traditional illicit opioids, such as heroin. The abuse of prescription opioid pain relievers and illicit opioids have contributed to increasing numbers of overdose deaths in the United States, and Centers for Disease Control and Prevention data show more than 28,000 opioid overdose deaths in 2014. Chapter 1 reports that medication-assisted treatment (MAT) can more effectively reduce opioid use and increase treatment retention compared to treatment without medication. There has also been a significant increase in the use of man-made (synthetic) opioids, such as fentanyl and fentanyl analogues, as described in chapter 2. Synthetic opioids like fentanyl—a substance 100 times stronger than morphine—accounted for more than 19,000 of the nearly 64,000 overdose deaths in 2016, the most recent year for which federal data are available. Misuse of prescription opioids can lead to overdose and death. Medicare and Medicaid, two of the nation's largest health care programs, provide prescription drug coverage that can include opioids.

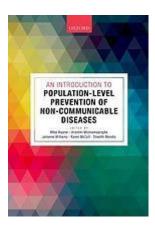
#### **Pharmacotherapy**



#### Ketamine: From abused drug to rapid-acting antidepressant

This book presents the latest data from basic research and clinical trials supporting the effectiveness of ketamine as a treatment for depression, bipolar disorder, and suicidal behaviour, setting these positive findings within the context of the serious problem of ketamine abuse. The first part of the book focuses on the evidence regarding ketamine abuse, with specific reference to Asian countries, and discusses countermeasures and complication management. It then addresses the mechanisms underlying the antidepressant and side effects of ketamine, which have remained elusive, describing, and discussing important new research findings. Further, it explains insights gained from whole brain imaging in rodents and from behavioral pharmacology, and presents evidence regarding the role of gut microbiota, the NMDA receptor GluN2D subunit, and the lateral habenula in the actions of ketamine. These advances form the basis for the safer use of ketamine in patients with treatment-resistant depression and are expected to lead to the development of new antidepressants.

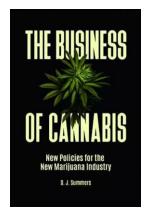
#### **Policy**



#### An introduction to population-level prevention of non-communicable diseases

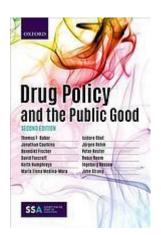
Provides an unparalleled overview of population-based approaches to the prevention of non-communicable diseases, reflecting the latest research in the field, and a key resource for anyone with an interest in NCD prevention as they develop the knowledge and skills needed for effective population-based prevention strategies.





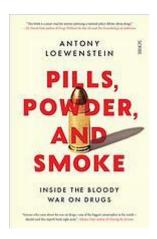
#### The Business of Cannabis: New Policies for the New Marijuana Industry.

What happens when corporate culture takes over counterculture? This book explores the contradictions present within the cannabis industry from a business and policy perspective. Despite the unique culture surrounding cannabis, this new industry follows the same economic principles as does any other agricultural product—that is, it would if the federal government allowed it to. Four distinct challenges prevent the cannabis industry from becoming fully legal and federally regulated in the United States, equivalent to the alcohol, pharmaceutical, or tobacco industries: federal regulations counter to state laws, an unfriendly financial system, a U.S. attorney general bent on keeping the drug war running, and Prohibition's 70-year-old legacy of distrust between legalization advocates and opponents. Policy, however, is changing. Already the world's most heavily consumed illicit drug is in the midst of an international transformation. Globally, a new international trade market has emerged from efforts to legalize it for medical or recreational use, and in the United States, the nascent cannabis industry has acquired lobbyists, well-financed industry kingpins, an extensive ancillary industry, and taxation. The Business of Cannabis explores these issues in depth and contextualizes U.S. drug policy at a time when lawmakers across the nation are deciding which way to lean on the issue.



#### Drug policy and the public good

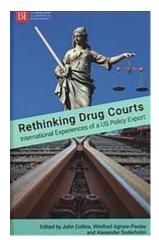
Drug Policy and the Public Good is an objective analytical basis on which to build global drug policies. It presents the accumulated scientific knowledge on drug use in relation to policy development on a national and international level. It also presents new epidemiological data on the global dimensions of drug misuse.



#### Pills, powder, and smoke: Inside the bloody war on drugs

Like the never-ending war on terror, the drugs war is a multi-billion-dollar industry that won't go down without a fight. Pills, Powder, and Smoke explains why. The war on drugs has been official American policy since the 1970s, with the UK, Europe, and much of the world following suit. It is at best a failed policy, according to bestselling author Antony Loewenstein. Its direct results have included mass incarceration in the US, extreme violence in different parts of the world, the backing of dictatorships, and surging drug addiction globally. And now the Trump administration is unleashing diplomatic and military forces against any softening of the conflict. Pills, Powder, and Smoke investigates the individuals, officials, activists, and traffickers caught up in this deadly war. Travelling through the UK, the US, Australia, Honduras, the Philippines, and Guinea-Bissau, Loewenstein uncovers the secrets of the drug war, why it's so hard to end, and who is really profiting from it. In reporting on the frontlines across the globe--from the streets of London's King's Cross to the killing fields of Central America to major cocaine transit routes in West Africa--Loewenstein reveals how the war on drugs has become the most deadly war in modern times. Designed and inspired by Washington, its agenda has nothing to do with ending drug use or addiction, but is all about controlling markets, territories, and people. Instead, Loewenstein argues, the legalisation and regulation of all drugs would be a much more realistic and humane approach. The evidence presented in this book will persuade many readers that he's right.

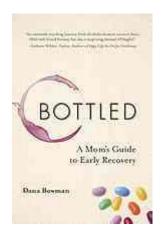




#### Rethinking Drug Courts: International Experiences of a US Policy Export

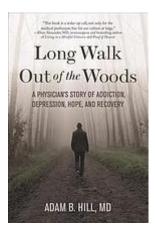
What are drug courts? Do they work? Why are they so popular? Should countries be expanding them or rolling them back? These are some of the questions this volume attempts to answer. Simultaneously popular and problematic, loved and loathed, drug courts have proven an enduring topic for discussion in international drug policy debates. Starting in Miami in the 1980s and being exported enthusiastically across the world, we now have a range of international case studies to re-examine their effectiveness. Whereas traditional debates tended towards binaries like "do they work?", this volume attempts to unpick their export and implementation, contextualising their efficacy. Instead of a simple yes or no answer, the book provides key insights into the operation of drug courts in various parts of the world. The case studies range from a relatively successful small-scale model in Australia, to the large and unwieldy business of drug courts in the US, to their failed scale-up in Brazil and the small and institutionally adrift models that have been tried in England, Scotland, Wales, and Ireland. The book concludes that although drug courts can be made to work in very specific niche contexts, the singular focus on them as being close to a "silver bullet" obscures the real issues that societies must address, including (but not limited to) a more comprehensive and full-spectrum focus on diverting drug-involved individuals away from the criminal justice system.

#### Recovery



#### Bottled: A mom's guide to early recovery

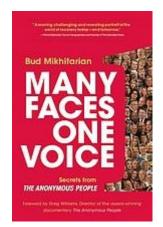
An unflinching and hilarious memoir about recovery as a mother of young kids, Bottled explains the perils moms face with drinking and chronicles the author's path to recovery, from hitting bottom to the months of early sobriety--a blur of pain and chaos--to her now (in)frequent moments of peace. Punctuated by potent, laugh-out-loud sarcasm, Bottled offers practical suggestions on how to be a sober, present-in-the-moment mom, one day at a time, and provides much needed levity on an issue too often treated with deadly seriousness. Dana Bowman is a long-time English teacher and part-time professor in the department of English at Bethany College, Kansas. Author of the popular mombsieblog.com, she leads and presents workshops on both writing and addiction, with a special emphasis on being a woman in recovery while parenting young children.



# Long walk out of the woods: A physician's story of addiction, depression, hope, and recovery

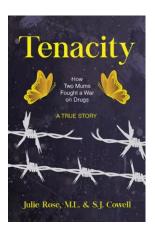
A paediatric oncologist and palliative care physician, Dr. Adam B. Hill, suffers stress and disillusionment with the culture of medicine, leading to alcoholism, depression, and suicidal thoughts. Then while in recovery from active addiction, he loses a mentor to suicide, revealing the extent of the burnout epidemic in the medical field. By sharing his harrowing story, Dr. Hill shows how this problem manifests, considers ways to address it, and confronts commonplace attitudes regarding self-care, recovery/treatment, empathy, and vulnerability amongst medical practitioners. His book is a road map for better practices at a time when doctors around the world are struggling in silence.





#### Many Faces, One Voice: Secrets from The Anonymous People

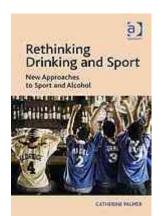
Many Faces, One Voice is a must-read companion book to the award-winning film The Anonymous People. Together with the film, this collection of insights, illuminated by vibrant faces and voices of recovery, takes the reader along a journey of individual growth and, potentially, to world change. A vital record of the lives and testimony of brave people who have come out of the shadows of anonymity to fight stigma and discrimination "people who now publicly advocate for the 23 million Americans suffering with addiction. Their inspiring stories, told in intimate detail, are essential to understanding the success, the hope, and the power of recovery.



#### Tenacity: How Two Mums Fought a War Against Drugs.

The two true life stories contained in Tenacity span decades -- and two worlds, Australia, and Britain. Told through the painful words of mothers Julie Rose and Marilyn Cowell (as recorded by her daughters, Michelle, and Sarah), this compelling read has no sugar coating as it takes you through Julie's and Marilyn's struggle to get their sons off drugs -- and the tragedies that ensue. These stories highlight the harrowing fact that addiction can happen to anyone and can strike even the best of families. Powerful and hard hitting, this must read serves as an information and education tool for both young people and parents, a lesson not to be ignored.

#### **Sport**

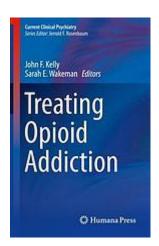


#### Rethinking drinking and sport: New approaches to sport and alcohol

This book examines the complex nature of sport-related drinking. With close attention to the contradictory nature of sport-related drinking, this book considers both 'the problem' of drinking in sport, as well as some of the issues for treatment and recovery that sports-related drinking presents. Based on research across a variety of sports in the UK and Australia, Rethinking Drinking and Sport explores not only the relationship between alcohol, fans, participants, and industry, but also questions of gender and identity to provide fresh insights into the complex relationships between drinking and sport.



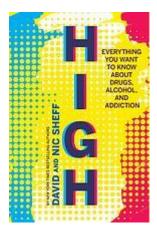
#### **Treatment**



#### **Treating opioid addiction**

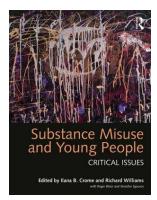
This book addresses opioids and opioid use disorders from epidemiological, clinical, and public health perspectives. It covers detailed information on the nature of opioids, their effects on the human body and brain, prevention, and treatment of opioid addiction. Unlike other texts, the first section of this volume builds a strong historical, neurobiological, and phenomenological foundation for a deep understanding of the topic and the patient. The second section addresses the most challenging issues clinicians face, including pharmacological and psychosocial treatments, harm reduction approaches, alternative approaches to pain management for the non-specialist, and prescribing guidelines. Treating Opioid Addiction is a valuable resource for psychiatrists, psychologists, addiction medicine physicians, primary care physicians, drug addiction counsellors, students, trainees, scholars, and public health officials interested in the effects and impact of opioids in the clinical and epidemiological context.

#### Youth



#### High: Everything you want to know about drugs, alcohol, and addiction

Just Say Know! With drug education for children more important than ever, this nonfiction book draws on the experiences of the NY Times bestselling father/son team of David and Nic Sheff to provide all the information teens and tweens need to know about drugs, alcohol, and addiction. From David Sheff, author of Beautiful Boy (2008), and Nic Sheff, author of Tweak: Growing Up on Methamphetamines (2008), comes the ultimate resource for learning about the realities of drugs and alcohol for middle grade readers. This book tells it as it is, with testimonials from peers who have been there and families who have lived through the addiction of a loved one, along with the cold, hard facts about what drugs and alcohol do to our bodies. From how to navigate peer pressure to outlets for stress to the potential consequences for experimenting, Nic and David Sheff lay out the facts so that middle grade readers can educate themselves.



#### Substance misuse and young people: Critical issues

Substance Misuse and Young People: Critical Issues is a comprehensive source of information on young people's requirements for assessment, treatment, and other interventions because of their misuse of substances. It highlights approaches that enhance understanding of the routes that lead young people to substance misuse and the routes away from it. The emergence of new substances and methods of misuse makes this ever more relevant. The authors are international experts in the fields of psychiatry, paediatrics, medicine, psychology, genetics, resilience, neuropharmacology, and epidemiology. This book acknowledges how widespread both substance misuse and psychiatric disorders are and explores the complex, challenging links between co-occurring conditions. Use of substances is associated with illness and premature mortality, and more so for people who have combined disorders. The authors critically assess the vital need for intervention during adolescence and early adulthood. They provide detailed clinical views of the psychosocial interventions and medications currently available and illustrate them with case studies that emphasise adolescents' experiences and thoughtful lifestyle-specific interventions. This book provides theoretical knowledge and indicates the practical skills that practitioners require for work with young people who misuse substances. It is highly applicable to medical practitioners, psychologists, pharmacists, social workers, police officers, probation officers, educationalists, and related social and healthcare professionals.