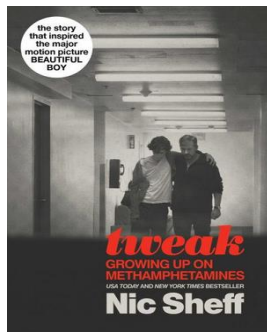


ADF Library Book Review.

Tweak: (growing up on methamphetamines)



Author: David Sheff

Print Book 2018

Reviewer Name: L A

Occupation Category: Other – Administration / Logistics

Rating: 5 being excellent



Overall impression: A book you cannot put it down.

Favourite bit? : Those moments when the author can see the light at the end of the tunnel.

Your recommendation and why?

Reading this book, the author will drag you into his life experience of constantly using drugs. You will navigate through the ups and downs along with him; you will be transported into the deepest abysses and will slowly emerge -- from time to time -- to the surface.

The book is a memoir, honest and brutal sometimes; the naked truth behind addiction.

If you have read "Beautiful Boy" written by David Sheff (Nick's father) you certainly need to read Nick's version of the story, to have a better comprehension of this disease. In "Beautiful Boy" you can understand how drugs can affect family and friends of people who use AOD, leaving them with question marks for which they cannot find the answers, yearning to help, and not being able to do so. With "Tweak" you can almost live Nick's experience on his skin and probably find some answers.

Who do you think would like to use this book?

It is useful to the whole community, to everyone who cannot understand why some people will put themselves in a situation where it is then difficult to get out and to those who are willing to approach AOD. This book, showing all the struggle the protagonist has to face, might prevent someone from using AOD, or might be a support for someone trying to survive from addiction.